



12. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 16.11.2013

Detailed evaluation

Martens, Heiner

Club: Beelitz
Number: 192

Course: 21.34 km
Halbmarathon

Category:
Senioren M50 (50-54 Jahre)

Total time: 2:56:52

Speed: 7.12 km/h
Running performance: 8:17 min/km

Rank in course/Total: 60 (of 62)

Rank in course/Men: 50 (of 51)

Best time in course: 1:34:46

Rank in category: 6(of 7)

Best time in the category: 2:18:52

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	3.47	26:36	7:39	5	6:11	46	12:04	3.47	26:36	7:39	6	5:07	11	3:20
Runde	3.47	27:13	7:50	4	5:36	46	12:18	6.94	53:49	7:45	6	10:07	11	6:49
Runde	3.47	28:08	8:06	5	5:45	49	12:35	10.41	1:21:57	7:52	4	11:13	11	
Runde	3.47	28:33	8:13	5	3:37	46	12:28	13.88	1:50:30	7:57	6	19:29	11	12:57
Runde	3.47	31:05	8:57	6	7:09	49	14:25	17.35	2:21:35	8:09	6	26:38	11	18:04
Runde	3.97	35:17	8:53	7	11:22	50	18:16	21.34	2:56:52	8:17	6	38:00	50	1:22:06