



12. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 16.11.2013

Detailed evaluation

Alferi, Horst

Club: Alfeld

Number: 3

Course: 21.34 km

Halbmarathon

Category:

Senioren M50 (50-54 Jahre)

Total time: 2:59:34

Speed: 7.02 km/h

Running performance: 8:25 min/km

Rank in course/Total: 62 (of 62)

Rank in course/Men: 51 (of 51)

Best time in course: 1:34:46

Rank in category: 7(of 7)

Best time in the category: 2:18:52

Intermediate times

Stage score

Total ranking

Control	Split		Pos	Behind	Pos		Behind	Total		Pos	Behind	Pos		Behind
	km	Time			min/km	Cat.		Cat.	Men			Men	km	
Runde	3.47	25:53	7:27	4	5:28	45	11:21	3.47	25:53	7:27	7	4:24	13	2:37
Runde	3.47	28:19	8:09	7	6:42	50	13:24	6.94	54:12	7:48	7	10:30	13	7:12
Runde	3.47	29:47	8:34	7	7:24	51	14:14	10.41	1:23:59	8:04	5	13:15	1	-
Runde	3.47	30:51	8:53	7	5:55	51	14:46	13.88	1:54:50	8:16	7	23:49	13	17:17
Runde	3.47	31:08	8:58	7	7:12	51	14:28	17.35	2:25:58	8:24	7	31:01	13	22:27
Runde	3.97	33:36	8:27	6	9:41	49	16:35	21.34	2:59:34	8:24	7	40:42	51	1:24:48