



12. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 16.11.2013

Detailed evaluation

Wagner, Thomas

Club: Spiridon Frankfurt
Number: 318

Course: 42.18 km
Marathon

Category:
Senioren M45 (45-49 Jahre)

Total time: 3:33:12

Speed: 11.82 km/h
Running performance: 5:03 min/km

Rank in course/Total: 7 (of 220)

Rank in course/Men: 7 (of 194)

Best time in course: 3:07:34

Rank in category: 1(of 44)

Best time in the category: 3:33:12

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	3.47	16:22	4:42	3	0:12	11	1:54	3.47	16:22	4:42	34		7	
Runde	3.47	16:32	4:45	3	0:31	10	1:56	6.94	32:54	4:44	34		8	
Runde	3.47	16:38	4:47	3	0:39	12	1:42	10.41	49:32	4:45	5		7	
Runde	3.47	16:39	4:47	2	0:09	10	1:33	13.88	1:06:11	4:46	43		184	
Runde	3.47	17:02	4:54	1	-	7	1:47	17.35	1:23:13	4:47	2		7	
Runde	3.47	17:02	4:54	2	0:06	9	1:36	20.82	1:40:15	4:48	24		7	
Runde	3.47	17:31	5:02	1	-	7	2:24	24.29	1:57:46	4:50	2		6	12:36
Runde	3.47	17:43	5:06	1	-	7	2:00	27.76	2:15:29	4:52	5		4	9:57
Runde	3.47	18:27	5:19	1	-	7	2:13	31.23	2:33:56	4:55	33		6	16:49
Runde	3.47	19:25	5:35	3	0:06	9	2:51	34.70	2:53:21	4:59	3		6	19:37
Runde	3.47	19:56	5:44	3	0:55	8	3:04	38.17	3:13:17	5:03	2		4	22:34
Runde	3.97	19:55	5:01	5	1:18	10	3:04	42.18	3:33:12	5:03	1	-	10	2:11:23