



12. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 16.11.2013

Detailed evaluation

Amtmann, Klaus

Club: Solingen
Number: 6

Course: 42.18 km
Marathon

Category:
Senioren M40 (40-44 Jahre)

Total time: 3:33:09

Speed: 11.82 km/h
Running performance: 5:03 min/km

Rank in course/Total: 6 (of 220)

Rank in course/Men: 6 (of 194)

Best time in course: 3:07:34

Rank in category: 1(of 42)

Best time in the category: 3:33:09

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	3.47	17:03	4:54	4	0:44	23	2:35	3.47	17:03	4:54	33		9	
Runde	3.47	16:21	4:42	1	-	8	1:45	6.94	33:24	4:48	33		9	
Runde	3.47	16:28	4:44	1	-	8	1:32	10.41	49:52	4:47	19		8	
Runde	3.47	16:24	4:43	1	-	4	1:18	13.88	1:06:16	4:46	40		185	
Runde	3.47	16:05	4:38	1	-	4	0:50	17.35	1:22:21	4:44	33		6	
Runde	3.47	16:51	4:51	1	-	6	1:25	20.82	1:39:12	4:45	2		8	
Runde	3.47	17:32	5:03	1	-	8	2:25	24.29	1:56:44	4:48	38		7	11:34
Runde	3.47	17:31	5:02	1	-	5	1:48	27.76	2:14:15	4:50	19		5	8:43
Runde	3.47	17:43	5:06	1	-	5	1:29	31.23	2:31:58	4:51	35		7	14:51
Runde	3.47	18:54	5:26	1	-	5	2:20	34.70	2:50:52	4:55	32		7	17:08
Runde	3.47	20:58	6:02	2	0:23	15	4:06	38.17	3:11:50	5:01	33		5	21:07
Runde	3.97	21:19	5:22	3	1:16	25	4:28	42.18	3:33:09	5:03	1	-	9	2:11:20