



12. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 16.11.2013

Detailed evaluation

Neugebauer, Alfred

Club: Team Erdinger Alkoholfrei
Number: 213

Course: 42.18 km
Marathon

Category:
Senioren M45 (45-49 Jahre)

Total time: 3:38:35

Speed: 11.53 km/h
Running performance: 5:11 min/km

Rank in course/Total: 9 (of 220)

Rank in course/Men: 9 (of 194)

Best time in course: 3:07:34

Rank in category: 3(of 44)

Best time in the category: 3:33:12

| Intermediate times | | | | Stage score | | | | Total ranking | | | | | | |
|--------------------|----------|------------|--------------|-------------|-------------|---------|------------|---------------|------------|--------------|----------|-------------|---------|------------|
| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Runde | 3.47 | 16:48 | 4:50 | 6 | 0:38 | 18 | 2:20 | 3.47 | 16:48 | 4:50 | 25 | | 11 | |
| Runde | 3.47 | 16:07 | 4:38 | 2 | 0:06 | 7 | 1:31 | 6.94 | 32:55 | 4:44 | 25 | | 11 | |
| Runde | 3.47 | 16:17 | 4:41 | 2 | 0:18 | 7 | 1:21 | 10.41 | 49:12 | 4:43 | 20 | | 10 | |
| Runde | 3.47 | 16:43 | 4:49 | 3 | 0:13 | 11 | 1:37 | 13.88 | 1:05:55 | 4:44 | 42 | | 182 | |
| Runde | 3.47 | 17:52 | 5:08 | 3 | 0:50 | 15 | 2:37 | 17.35 | 1:23:47 | 4:49 | 24 | | 10 | |
| Runde | 3.47 | 18:48 | 5:25 | 4 | 1:52 | 23 | 3:22 | 20.82 | 1:42:35 | 4:55 | 25 | | 10 | |
| Runde | 3.47 | 18:34 | 5:21 | 4 | 1:03 | 11 | 3:27 | 24.29 | 2:01:09 | 4:59 | 42 | | 179 | 15:59 |
| Runde | 3.47 | 19:03 | 5:29 | 4 | 1:20 | 15 | 3:20 | 27.76 | 2:20:12 | 5:03 | 22 | | 7 | 14:40 |
| Runde | 3.47 | 21:00 | 6:03 | 7 | 2:33 | 26 | 4:46 | 31.23 | 2:41:12 | 5:09 | 25 | | 9 | 24:05 |
| Runde | 3.47 | 19:45 | 5:41 | 4 | 0:26 | 10 | 3:11 | 34.70 | 3:00:57 | 5:12 | 38 | | 167 | 27:13 |
| Runde | 3.47 | 19:01 | 5:28 | 1 | - | 5 | 2:09 | 38.17 | 3:19:58 | 5:14 | 25 | | 7 | 29:15 |
| Runde | 3.97 | 18:37 | 4:41 | 1 | - | 4 | 1:46 | 42.18 | 3:38:35 | 5:10 | 3 | 5:23 | 12 | 2:16:46 |