



12. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 16.11.2013

Detailed evaluation

Thorhauer, Bernd

Club: SV Glückauf Sondershausen
Number: 309

Course: 42.18 km
Marathon

Category:
Senioren M50 (50-54 Jahre)

Total time: 3:42:15

Speed: 11.34 km/h
Running performance: 5:16 min/km

Rank in course/Total: 11 (of 220)

Rank in course/Men: 11 (of 194)

Best time in course: 3:07:34

Rank in category: 1(of 38)

Best time in the category: 3:42:15

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	3.47	15:52	4:34	1	-	4	1:24	3.47	15:52	4:34	30		13	
Runde	3.47	15:42	4:31	1	-	4	1:06	6.94	31:34	4:32	30		13	
Runde	3.47	16:06	4:38	1	-	6	1:10	10.41	47:40	4:34	17		12	
Runde	3.47	16:38	4:47	1	-	9	1:32	13.88	1:04:18	4:37	29		8	
Runde	3.47	16:48	4:50	1	-	6	1:33	17.35	1:21:06	4:40	3		12	
Runde	3.47	17:01	4:54	1	-	8	1:35	20.82	1:38:07	4:42	2		12	
Runde	3.47	17:25	5:01	1	-	6	2:18	24.29	1:55:32	4:45	20		10	10:22
Runde	3.47	17:51	5:08	1	-	9	2:08	27.76	2:13:23	4:48	20		9	7:51
Runde	3.47	18:56	5:27	1	-	9	2:42	31.23	2:32:19	4:52	21		11	15:12
Runde	3.47	22:25	6:27	4	0:55	31	5:51	34.70	2:54:44	5:02	14		10	21:00
Runde	3.47	21:09	6:05	1	-	16	4:17	38.17	3:15:53	5:07	29		9	25:10
Runde	3.97	26:22	6:38	14	5:25	100	9:31	42.18	3:42:15	5:16	1	-	14	2:20:26