



12. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 16.11.2013

Detailed evaluation

Bär, Mario

Club: Dessau
Number: 14

Course: 42.18 km
Marathon

Category:
Senioren M40 (40-44 Jahre)

Total time: 3:42:41

Speed: 11.32 km/h
Running performance: 5:17 min/km

Rank in course/Total: 12 (of 220)

Rank in course/Men: 12 (of 194)

Best time in course: 3:07:34

Rank in category: 2(of 42)

Best time in the category: 3:33:09

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	3.47	16:19	4:42	1	-	9	1:51	3.47	16:19	4:42	23		14	
Runde	3.47	16:36	4:47	2	0:15	12	2:00	6.94	32:55	4:44	23		11	
Runde	3.47	16:34	4:46	2	0:06	10	1:38	10.41	49:29	4:45	10		13	
Runde	3.47	16:35	4:46	2	0:11	7	1:29	13.88	1:06:04	4:45	39		183	
Runde	3.47	17:30	5:02	2	1:25	13	2:15	17.35	1:23:34	4:48	23		13	
Runde	3.47	18:31	5:20	2	1:40	15	3:05	20.82	1:42:05	4:54	22		13	
Runde	3.47	19:04	5:29	2	1:32	16	3:57	24.29	2:01:09	4:59	39		179	15:59
Runde	3.47	18:37	5:21	2	1:06	11	2:54	27.76	2:19:46	5:02	10		10	14:14
Runde	3.47	19:59	5:45	2	2:16	16	3:45	31.23	2:39:45	5:06	23		12	22:38
Runde	3.47	20:45	5:58	3	1:51	17	4:11	34.70	3:00:30	5:12	23		11	26:46
Runde	3.47	20:35	5:55	1	-	12	3:43	38.17	3:21:05	5:16	23		10	30:22
Runde	3.97	21:36	5:26	4	1:33	28	4:45	42.18	3:42:41	5:16	2	9:32	15	2:20:52