



12. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 16.11.2013

Detailed evaluation

Bär, Mario

Club: Dessau
Number: 14

Course: 42.18 km
Marathon

Category:
Senioren M40 (40-44 Jahre)

Total time: 3:42:41

Speed: 11.32 km/h
Running performance: 5:17 min/km

Rank in course/Total: 12 (of 220)

Rank in course/Men: 12 (of 194)

Best time in course: 3:07:34

Rank in category: 2(of 42)

Best time in the category: 3:33:09

| Intermediate times | | | | Stage score | | | | Total ranking | | | | | | |
|--------------------|----------|------------|--------------|-------------|-------------|---------|------------|---------------|------------|--------------|----------|-------------|---------|------------|
| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Runde | 3.47 | 16:19 | 4:42 | 1 | - | 9 | 1:51 | 3.47 | 16:19 | 4:42 | 23 | | 14 | |
| Runde | 3.47 | 16:36 | 4:47 | 2 | 0:15 | 12 | 2:00 | 6.94 | 32:55 | 4:44 | 23 | | 11 | |
| Runde | 3.47 | 16:34 | 4:46 | 2 | 0:06 | 10 | 1:38 | 10.41 | 49:29 | 4:45 | 10 | | 13 | |
| Runde | 3.47 | 16:35 | 4:46 | 2 | 0:11 | 7 | 1:29 | 13.88 | 1:06:04 | 4:45 | 39 | | 183 | |
| Runde | 3.47 | 17:30 | 5:02 | 2 | 1:25 | 13 | 2:15 | 17.35 | 1:23:34 | 4:48 | 23 | | 13 | |
| Runde | 3.47 | 18:31 | 5:20 | 2 | 1:40 | 15 | 3:05 | 20.82 | 1:42:05 | 4:54 | 22 | | 13 | |
| Runde | 3.47 | 19:04 | 5:29 | 2 | 1:32 | 16 | 3:57 | 24.29 | 2:01:09 | 4:59 | 39 | | 179 | 15:59 |
| Runde | 3.47 | 18:37 | 5:21 | 2 | 1:06 | 11 | 2:54 | 27.76 | 2:19:46 | 5:02 | 10 | | 10 | 14:14 |
| Runde | 3.47 | 19:59 | 5:45 | 2 | 2:16 | 16 | 3:45 | 31.23 | 2:39:45 | 5:06 | 23 | | 12 | 22:38 |
| Runde | 3.47 | 20:45 | 5:58 | 3 | 1:51 | 17 | 4:11 | 34.70 | 3:00:30 | 5:12 | 23 | | 11 | 26:46 |
| Runde | 3.47 | 20:35 | 5:55 | 1 | - | 12 | 3:43 | 38.17 | 3:21:05 | 5:16 | 23 | | 10 | 30:22 |
| Runde | 3.97 | 21:36 | 5:26 | 4 | 1:33 | 28 | 4:45 | 42.18 | 3:42:41 | 5:16 | 2 | 9:32 | 15 | 2:20:52 |