



12. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 16.11.2013

Detailed evaluation

McKinley, Marcel

Club: London
Number: 193

Course: 42.18 km
Marathon

Category:
Senioren M30 (30-34 Jahre)

Total time: 3:44:13

Speed: 11.24 km/h
Running performance: 5:19 min/km

Rank in course/Total: 13 (of 220)

Rank in course/Men: 13 (of 194)

Best time in course: 3:07:34

Rank in category: 3(of 14)

Best time in the category: 3:13:54

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	3.47	16:47	4:50	3	1:41	17	2:19	3.47	16:47	4:50	3	1:41	15	
Runde	3.47	17:08	4:56	3	1:55	17	2:32	6.94	33:55	4:53	3	3:36	15	
Runde	3.47	17:42	5:06	3	2:36	20	2:46	10.41	51:37	4:57	3	6:12	14	
Runde	3.47	18:02	5:11	4	2:56	23	2:56	13.88	1:09:39	5:01	2	9:08	9	
Runde	3.47	18:39	5:22	5	3:24	28	3:24	17.35	1:28:18	5:05	3	12:32	14	
Runde	3.47	18:42	5:23	3	3:05	20	3:16	20.82	1:47:00	5:08	3	15:37	14	
Runde	3.47	18:55	5:27	3	3:27	14	3:48	24.29	2:05:55	5:11	14	19:04	183	20:45
Runde	3.47	18:47	5:24	3	2:43	13	3:04	27.76	2:24:42	5:12	2	19:10	11	19:10
Runde	3.47	19:12	5:31	3	2:29	11	2:58	31.23	2:43:54	5:14	3	24:16	13	26:47
Runde	3.47	20:04	5:46	3	3:06	12	3:30	34.70	3:03:58	5:18	14	27:22	168	30:14
Runde	3.47	20:17	5:50	3	1:40	10	3:25	38.17	3:24:15	5:21	2	29:02	11	33:32
Runde	3.97	19:58	5:01	2	1:17	11	3:07	42.18	3:44:13	5:18	3	30:19	16	2:22:24