



12. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 16.11.2013

Detailed evaluation

Detto, Silvio

Club: sportTREND Ultralaufteam
Number: 56

Course: 21.34 km
Halbmarathon

Category:
Senioren M45 (45-49 Jahre)

Total time: 1:55:16

Speed: 10.93 km/h
Running performance: 5:24 min/km

Rank in course/Total: 6 (of 62)

Rank in course/Men: 6 (of 51)

Best time in course: 1:34:46

Rank in category: 3(of 11)

Best time in the category: 1:43:57

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	3.47	16:50	4:51	2	1:42	4	2:18	3.47	16:50	4:51	3	1:42	31	
Runde	3.47	17:29	5:02	2	1:41	4	2:34	6.94	34:19	4:56	3	3:23	31	
Runde	3.47	18:04	5:12	2	1:16	4	2:31	10.41	52:23	5:01	3	4:39	29	
Runde	3.47	19:11	5:31	2	1:32	5	3:06	13.88	1:11:34	5:09	3	6:11	31	
Runde	3.47	21:08	6:05	3	2:36	9	4:28	17.35	1:32:42	5:20	3	8:47	30	
Runde	3.97	22:34	5:41	4	2:32	13	5:33	21.34	1:55:16	5:24	3	11:19	6	20:30