



12. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 16.11.2013

Detailed evaluation

Kreis, Dieter

Club: Tria-Team Bruchköbel
Number: 173

Course: 42.18 km
Marathon

Category:
Senioren M35 (35-39 Jahre)

Total time: 3:49:17

Speed: 10.99 km/h
Running performance: 5:26 min/km

Rank in course/Total: 17 (of 220)

Rank in course/Men: 17 (of 194)

Best time in course: 3:07:34

Rank in category: 3(of 24)

Best time in the category: 3:07:34

| Intermediate times | | | | Stage score | | | | Total ranking | | | | | | |
|--------------------|----------|------------|--------------|-------------|-------------|---------|------------|---------------|------------|--------------|----------|-------------|---------|------------|
| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Runde | 3.47 | 17:04 | 4:55 | 3 | 2:36 | 24 | 2:36 | 3.47 | 17:04 | 4:55 | 22 | | 20 | |
| Runde | 3.47 | 17:21 | 5:00 | 3 | 2:45 | 21 | 2:45 | 6.94 | 34:25 | 4:57 | 22 | | 20 | |
| Runde | 3.47 | 17:18 | 4:59 | 3 | 2:22 | 16 | 2:22 | 10.41 | 51:43 | 4:58 | 14 | | 19 | |
| Runde | 3.47 | 17:59 | 5:10 | 4 | 2:40 | 21 | 2:53 | 13.88 | 1:09:42 | 5:01 | 21 | | 12 | |
| Runde | 3.47 | 17:52 | 5:08 | 4 | 2:34 | 15 | 2:37 | 17.35 | 1:27:34 | 5:02 | 21 | | 19 | |
| Runde | 3.47 | 18:10 | 5:14 | 3 | 2:44 | 12 | 2:44 | 20.82 | 1:45:44 | 5:04 | 18 | | 19 | |
| Runde | 3.47 | 19:14 | 5:32 | 2 | 4:07 | 21 | 4:07 | 24.29 | 2:04:58 | 5:08 | 23 | | 182 | 19:48 |
| Runde | 3.47 | 19:35 | 5:38 | 4 | 3:52 | 18 | 3:52 | 27.76 | 2:24:33 | 5:12 | 18 | | 16 | 19:01 |
| Runde | 3.47 | 21:14 | 6:07 | 4 | 5:00 | 28 | 5:00 | 31.23 | 2:45:47 | 5:18 | 18 | 5:03 | 18 | 28:40 |
| Runde | 3.47 | 21:40 | 6:14 | 4 | 5:03 | 26 | 5:06 | 34.70 | 3:07:27 | 5:24 | 17 | | 13 | 33:43 |
| Runde | 3.47 | 22:11 | 6:23 | 2 | 5:12 | 22 | 5:19 | 38.17 | 3:29:38 | 5:29 | 19 | 5:11 | 16 | 38:55 |
| Runde | 3.97 | 19:39 | 4:56 | 2 | 2:48 | 8 | 2:48 | 42.18 | 3:49:17 | 5:26 | 4 | 1:14:30 | 20 | 2:27:28 |