



12. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 16.11.2013

Detailed evaluation

Thomas, Bernd

Club: MSV Eintracht Halberstadt
Number: 307

Course: 42.18 km
Marathon

Category:
Senioren M50 (50-54 Jahre)

Total time: 3:49:37

Speed: 10.97 km/h
Running performance: 5:26 min/km

Rank in course/Total: 19 (of 220)

Rank in course/Men: 19 (of 194)

Best time in course: 3:07:34

Rank in category: 2(of 38)

Best time in the category: 3:42:15

Control	Intermediate times							Stage score				Total ranking			
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Runde	3.47	16:18	4:41	2	0:26	7	1:50	3.47	16:18	4:41	21		17		
Runde	3.47	17:15	4:58	2	1:33	20	2:39	6.94	33:33	4:50	21		21		
Runde	3.47	17:35	5:04	2	1:29	18	2:39	10.41	51:08	4:54	1	-	20		
Runde	3.47	17:38	5:04	2	1:00	17	2:32	13.88	1:08:46	4:57	21		13		
Runde	3.47	18:20	5:17	2	1:32	21	3:05	17.35	1:27:06	5:01	19		20		
Runde	3.47	18:37	5:21	2	1:36	18	3:11	20.82	1:45:43	5:04	21		20		
Runde	3.47	19:13	5:32	3	1:48	20	4:06	24.29	2:04:56	5:08	35		181	19:46	
Runde	3.47	19:45	5:41	2	1:54	23	4:02	27.76	2:24:41	5:12	10		17	19:09	
Runde	3.47	20:43	5:58	2	1:47	24	4:29	31.23	2:45:24	5:17	11		19	28:17	
Runde	3.47	21:30	6:11	1	-	23	4:56	34.70	3:06:54	5:23	32		169	33:10	
Runde	3.47	21:46	6:16	2	0:37	20	4:54	38.17	3:28:40	5:28	21		17	37:57	
Runde	3.97	20:57	5:16	1	-	19	4:06	42.18	3:49:37	5:26	2	7:22	22	2:27:48	