



12. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 16.11.2013

Detailed evaluation

Schmied, Silvia

Club: LAV Halensia e. V.
Number: 268

Course: 42.18 km
Marathon

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 3:50:37

Speed: 10.93 km/h
Running performance: 5:28 min/km

Rank in course/Total: 20 (of 220)

Rank in course/Women: 1 (of 26)

Best time in course: 3:50:37

Rank in category: 1(of 8)

Best time in the category: 3:50:37

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Runde	3.47	17:25	5:01	1	-	1	-	3.47	17:25	5:01	1	-	24	
Runde	3.47	17:29	5:02	1	-	1	-	6.94	34:54	5:01	1	-	24	
Runde	3.47	18:09	5:13	1	-	1	-	10.41	53:03	5:05	1	-	1	-
Runde	3.47	19:03	5:29	1	-	1	-	13.88	1:12:06	5:11	1	-	13	
Runde	3.47	18:57	5:27	1	-	1	-	17.35	1:31:03	5:14	1	-	21	
Runde	3.47	19:29	5:36	1	-	1	-	20.82	1:50:32	5:18	1	-	13	
Runde	3.47	19:24	5:35	1	-	1	-	24.29	2:09:56	5:20	8		22	
Runde	3.47	19:48	5:42	1	-	1	-	27.76	2:29:44	5:23	1	-	20	
Runde	3.47	20:06	5:47	1	-	1	-	31.23	2:49:50	5:26	1	-	21	
Runde	3.47	20:05	5:47	1	-	1	-	34.70	3:09:55	5:28	8		21	
Runde	3.47	20:19	5:51	1	-	1	-	38.17	3:30:14	5:30	1	-	12	
Runde	3.97	20:23	5:08	1	-	1	-	42.18	3:50:37	5:28	1	-	4	3:06:45