



12. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 16.11.2013

Detailed evaluation

Hinrichsen, Sönke

Club: Leipzig
Number: 129

Course: 21.34 km
Halbmarathon

Category:
Senioren M45 (45-49 Jahre)

Total time: 2:30:31

Speed: 8.37 km/h
Running performance: 7:03 min/km

Rank in course/Total: 32 (of 62)

Rank in course/Men: 29 (of 51)

Best time in course: 1:34:46

Rank in category: 6(of 11)

Best time in the category: 1:43:57

Intermediate times

Stage score

Total ranking

Control	Intermediate times					Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Runde	3.47	23:16	6:42	7	8:08	30	8:44	3.47	23:16	6:42	11	8:08	1	-	
Runde	3.47	23:44	6:50	6	7:56	30	8:49	6.94	47:00	6:46	11	16:04	1	-	
Runde	3.47	24:54	7:10	7	8:06	32	9:21	10.41	1:11:54	6:54	10	24:10	14		
Runde	3.47	25:40	7:23	7	8:01	30	9:35	13.88	1:37:34	7:01	11	32:11	24	0:01	
Runde	3.47	25:56	7:28	7	7:24	30	9:16	17.35	2:03:30	7:07	11	39:35	23		
Runde	3.97	27:01	6:48	7	6:59	29	10:00	21.34	2:30:31	7:03	6	46:34	29	55:45	