



# 12. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 16.11.2013

## Detailed evaluation

**Labitzke, Stefan**

Club: Nürnberg  
Number: 179

Course: 42.18 km  
Marathon

Category:  
Senioren M45 (45-49 Jahre)

Total time: 3:55:35

Speed: 10.70 km/h  
Running performance: 5:35 min/km

Rank in course/Total: 24 (of 220)

Rank in course/Men: 23 (of 194)

Best time in course: 3:07:34

Rank in category: 7(of 44)

Best time in the category: 3:33:12

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	3.47	18:32	5:20	13	2:22	47	4:04	3.47	18:32	5:20	29		25	
Runde	3.47	17:43	5:06	8	1:42	28	3:07	6.94	36:15	5:13	29		25	
Runde	3.47	17:39	5:05	5	1:40	19	2:43	10.41	53:54	5:10	24		24	
Runde	3.47	17:58	5:10	4	1:28	20	2:52	13.88	1:11:52	5:10	27		15	
Runde	3.47	18:14	5:15	5	1:12	19	2:59	17.35	1:30:06	5:11	28		24	
Runde	3.47	18:32	5:20	3	1:36	16	3:06	20.82	1:48:38	5:13	29		24	
Runde	3.47	19:02	5:29	6	1:31	15	3:55	24.29	2:07:40	5:15	27		14	22:30
Runde	3.47	20:02	5:46	7	2:19	28	4:19	27.76	2:27:42	5:19	26		21	22:10
Runde	3.47	20:49	5:59	6	2:22	25	4:35	31.23	2:48:31	5:23	29		23	31:24
Runde	3.47	21:34	6:12	7	2:15	24	5:00	34.70	3:10:05	5:28	41		175	36:21
Runde	3.47	24:04	6:56	10	5:03	44	7:12	38.17	3:34:09	5:36	29		21	43:26
Runde	3.97	21:26	5:23	8	2:49	26	4:35	42.18	3:55:35	5:35	7	22:23	26	2:33:46