



12. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 16.11.2013

Detailed evaluation

Inge, Alexander

Club: SSC Hanau-Rodenbach
Number: 144

Course: 42.18 km
Marathon

Category:
männliche Jugend U20 (18-19 Jahre)

Total time: 3:56:50

Speed: 10.64 km/h
Running performance: 5:37 min/km

Rank in course/Total: 26 (of 220)

Rank in course/Men: 25 (of 194)

Best time in course: 3:07:34

Rank in category: 1(of 1)

Best time in the category: 3:56:50

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	3.47	17:04	4:55	1	-	24	2:36	3.47	17:04	4:55	1	-	20	
Runde	3.47	17:03	4:54	1	-	16	2:27	6.94	34:07	4:54	1	-	27	
Runde	3.47	17:08	4:56	1	-	13	2:12	10.41	51:15	4:55	1	-	26	
Runde	3.47	16:43	4:49	1	-	11	1:37	13.88	1:07:58	4:53	1	-	186	
Runde	3.47	17:06	4:55	1	-	8	1:51	17.35	1:25:04	4:54	1	-	26	
Runde	3.47	17:27	5:01	1	-	10	2:01	20.82	1:42:31	4:55	1	-	26	
Runde	3.47	18:51	5:25	1	-	12	3:44	24.29	2:01:22	4:59	1	-	16	16:12
Runde	3.47	20:42	5:57	1	-	36	4:59	27.76	2:22:04	5:07	1	-	23	16:32
Runde	3.47	21:31	6:12	1	-	38	5:17	31.23	2:43:35	5:14	1	-	25	26:28
Runde	3.47	24:12	6:58	1	-	59	7:38	34.70	3:07:47	5:24	1	-	171	34:03
Runde	3.47	24:40	7:06	1	-	52	7:48	38.17	3:32:27	5:33	1	-	23	41:44
Runde	3.97	24:23	6:08	1	-	57	7:32	42.18	3:56:50	5:36	1	-	28	2:35:01