



40. Erfurter Silvesterlauf

Erfurt / 31.12.2013

Detailed evaluation

Klose, Detlef

Club: HSV Weimar

Number: 954

Course: 10.00 km

Wertungslauf um den Braugold-Pokal

Category:

Senioren M50 (50-59 Jahre)

Total time: 47:38

Speed: 12.60 km/h

Running performance: 4:46 min/km

Rank in course/Total: 241 (of 686)

Rank in course/Men: 220 (of 543)

Best time in course: 29:39

Rank in category: 31(of 107)

Best time in the category: 39:41

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total | | Total min/km | Pos Cat. | Behind Cat. | Total ranking | |
|-------------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|-------|-------|-----------------|-------------|----------------|---------------|---------------|
| | | | | | | Pos Men | Behind Men | km | Time | | | | Pos Men | Behind Men |
| Runde | 2.00 | 10:07 | 5:03 | 47 | 2:32 | 277 | 4:05 | 2.00 | 10:07 | 5:03 | 87 | 2:32 | 455 | 4:05 |
| Runde | 2.00 | 9:27 | 4:43 | 32 | 1:30 | 239 | 3:30 | 4.00 | 19:34 | 4:53 | 87 | 3:59 | 453 | 7:35 |
| Runde | 2.00 | 9:27 | 4:43 | 28 | 1:20 | 219 | 3:32 | 6.00 | 29:01 | 4:50 | 87 | 5:19 | 452 | 11:07 |
| Runde | 2.00 | 9:26 | 4:43 | 24 | 1:22 | 198 | 3:31 | 8.00 | 38:27 | 4:48 | 87 | 6:41 | 451 | 14:38 |
| Leichtathletikhaf | 2.00 | 9:11 | 4:35 | 22 | 1:16 | 193 | 3:21 | 10.00 | 47:38 | 4:45 | 31 | 7:57 | 220 | 17:59 |