



40. Erfurter Silvesterlauf

Erfurt / 31.12.2013

Detailed evaluation

Lindner, Wilhelm

Club: Schotte e.V.

Number: 1058

Course: 10.00 km

Wertungslauf um den Braugold-Pokal

Category:

Männer (20-29 Jahre)

Total time: 48:18

Speed: 12.42 km/h

Running performance: 4:50 min/km

Rank in course/Total: 264 (of 686)

Rank in course/Men: 238 (of 543)

Best time in course: 29:39

Rank in category: 39(of 69)

Best time in the category: 29:39

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	2.00	9:54	4:57	42	3:52	247	3:52	2.00	9:54	4:57	30		259	3:52
Runde	2.00	9:38	4:48	40	3:41	274	3:41	4.00	19:32	4:53	30		452	7:33
Runde	2.00	9:22	4:41	35	3:27	208	3:27	6.00	28:54	4:48	30		451	11:00
Runde	2.00	9:58	4:59	41	4:03	284	4:03	8.00	38:52	4:51	30		450	15:03
Leichtathletikhall	2.00	9:26	4:43	39	3:36	238	3:36	10.00	48:18	4:49	39	18:39	238	18:39