



40. Erfurter Silvesterlauf

Erfurt / 31.12.2013

Detailed evaluation

Reichardt, Andreas

Club: Ingersleben

Number: 1385

Course: 10.00 km

Wertungslauf um den Braugold-Pokal

Category:

Senioren M40 (40-49 Jahre)

Total time: 1:00:21

Speed: 9.94 km/h

Running performance: 6:02 min/km

Rank in course/Total: 629 (of 686)

Rank in course/Men: 513 (of 543)

Best time in course: 29:39

Rank in category: 171(of 178)

Best time in the category: 37:27

Intermediate times

Stage score

Total ranking

Control	Split		Pos	Behind	Pos		Total	Total	Total	Pos	Behind	Pos	Behind	
	km	Time			Men	Men								km
Runde	2.00	13:02	6:30	177	5:51	530	7:00	2.00	13:02	6:30	153	5:03	459	7:00
Runde	2.00	11:55	5:57	176	4:35	522	5:58	4.00	24:57	6:14	152	7:41	457	12:58
Runde	2.00	11:43	5:51	167	4:08	499	5:48	6.00	36:40	6:06	151	14:34	456	18:46
Runde	2.00	11:54	5:57	167	4:09	503	5:59	8.00	48:34	6:04	150	18:43	455	24:45
Leichtathletikhall	2.00	11:47	5:53	166	4:19	500	5:57	10.00	1:00:21	6:02	171	22:54	513	30:42