



40. Erfurter Silvesterlauf

Erfurt / 31.12.2013

Detailed evaluation

Fritzlar, Paula-Margarete/ Rennmaus Röbling Total time: 1:00:51

Club: Mühlhäuser Röblinglaufverein

Speed: 9.86 km/h

Number: 1405

Running performance: 6:05 min/km

Course: 10.00 km

Rank in course/Total: 640 (of 686)

Wertungslauf um den Braugold-Pokal

Rank in course/Women: 122 (of 143)

Best time in course: 35:30

Category:

Rank in category: 5(of 6)

weibliche Jugend U20 (18-19 Jahre)

Best time in the category: 48:07

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Runde	2.00	12:39	6:19	5	2:13	127	5:43	2.00	12:39	6:19	3	0:46	74	5:43
Runde	2.00	11:49	5:54	5	2:09	116	4:42	4.00	24:28	6:06	3	1:30	74	10:25
Runde	2.00	12:04	6:01	5	2:38	119	4:54	6.00	36:32	6:05	3	2:48	74	15:19
Runde	2.00	12:11	6:05	5	2:43	114	4:58	8.00	48:43	6:05	3	4:21	74	20:17
Leichtathletikhalle	2.00	12:08	6:03	5	3:01	123	5:04	10.00	1:00:51	6:05	5	12:44	122	25:21