



40. Erfurter Silvesterlauf

Erfurt / 31.12.2013

Detailed evaluation

kalinke, aenne

Club: katzenfans

Number: 1218

Course: 10.00 km

Wertungslauf um den Braugold-Pokal

Category:

Seniorinnen W50 (50-59 Jahre)

Total time: 47:12

Speed: 12.71 km/h

Running performance: 4:43 min/km

Rank in course/Total: 227 (of 686)

Rank in course/Women: 19 (of 143)

Best time in course: 35:30

Rank in category: 4(of 22)

Best time in the category: 39:41

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Runde	2.00	9:43	4:51	4	1:44	23	2:47	2.00	9:43	4:51	8		115	2:47
Runde	2.00	9:08	4:33	4	1:17	20	2:01	4.00	18:51	4:42	8		17	4:48
Runde	2.00	9:26	4:43	3	1:31	19	2:16	6.00	28:17	4:42	8		114	7:04
Runde	2.00	9:28	4:44	4	1:28	21	2:15	8.00	37:45	4:43	8		114	9:19
Leichtathletikhalle	2.00	9:27	4:43	4	1:31	23	2:23	10.00	47:12	4:43	4	7:31	19	11:42