



40. Erfurter Silvesterlauf

Erfurt / 31.12.2013

Detailed evaluation

Hackel, Peter

Club: Eintacht Wendehausen

Number: 898

Course: 10.00 km

Wertungslauf um den Braugold-Pokal

Category:

Senioren M40 (40-49 Jahre)

Total time: 50:46

Speed: 11.82 km/h

Running performance: 5:05 min/km

Rank in course/Total: 367 (of 686)

Rank in course/Men: 329 (of 543)

Best time in course: 29:39

Rank in category: 108(of 178)

Best time in the category: 37:27

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	2.00	10:37	5:18	111	3:26	352	4:35	2.00	10:37	5:18	158	2:38	263	4:35
Runde	2.00	10:07	5:03	119	2:47	356	4:10	4.00	20:44	5:11	68	3:28	182	8:45
Runde	2.00	10:16	5:08	119	2:41	356	4:21	6.00	31:00	5:10	156	8:54	263	13:06
Runde	2.00	10:10	5:04	110	2:25	323	4:15	8.00	41:10	5:08	155	11:19	236	17:21
Leichtathletikhaf	2.00	9:36	4:47	94	2:08	266	3:46	10.00	50:46	5:04	108	13:19	329	21:07