



40. Erfurter Silvesterlauf

Erfurt / 31.12.2013

Detailed evaluation

Wagner, Mario

Club: Mühlhausen

Number: 1646

Course: 10.00 km

Wertungslauf um den Braugold-Pokal

Category:

Senioren M50 (50-59 Jahre)

Total time: 1:06:38

Speed: 9.00 km/h

Running performance: 6:40 min/km

Rank in course/Total: 666 (of 686)

Rank in course/Men: 531 (of 543)

Best time in course: 29:39

Rank in category: 104(of 107)

Best time in the category: 39:41

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	2.00	13:49	6:54	107	6:14	542	7:47	2.00	13:49	6:54	93	6:14	492	7:47
Runde	2.00	13:10	6:34	106	5:13	536	7:13	4.00	26:59	6:44	93	11:24	490	15:00
Runde	2.00	13:16	6:38	105	5:09	536	7:21	6.00	40:15	6:42	93	16:33	489	22:21
Runde	2.00	13:33	6:46	104	5:29	533	7:38	8.00	53:48	6:43	93	22:02	488	29:59
Leichtathletikhaf	2.00	12:50	6:25	104	4:55	527	7:00	10.00	1:06:38	6:39	104	26:57	531	36:59