



40. Erfurter Silvesterlauf

Erfurt / 31.12.2013

Detailed evaluation

Lepper, Jonas

Club: TSSC Erfurt

Number: 358

Course: 4.00 km

Wertungslauf um den Pokal der Sparkasse Mittelhüringen

Category:

männliche Jugend U16 (14-15 Jahre)

Total time: 17:05

Speed: 14.05 km/h

Running performance: 4:16 min/km

Rank in course/Total: 74 (of 477)

Rank in course/Men: 65 (of 315)

Best time in course: 12:17

Rank in category: 9(of 18)

Best time in the category: 13:58

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Runde	2.00	8:21	4:10	9	1:34	63	2:21	2.00	8:21	4:10	1	-	62	2:21
Leichtathletikhalle	2.00	8:44	4:21	9	1:46	78	2:30	4.00	17:05	4:16	9	3:07	65	4:48