



40. Erfurter Silvesterlauf

Erfurt / 31.12.2013

Detailed evaluation

Bartholome, Burkhard

Club: Keyflex

Number: 1426

Course: 10.00 km

Wertungslauf um den Braugold-Pokal

Category:

Senioren M50 (50-59 Jahre)

Total time: 51:12

Speed: 11.72 km/h

Running performance: 5:07 min/km

Rank in course/Total: 386 (of 686)

Rank in course/Men: 343 (of 543)

Best time in course: 29:39

Rank in category: 63(of 107)

Best time in the category: 39:41

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	2.00	10:52	5:26	68	3:17	369	4:50	2.00	10:52	5:26	107	3:17	279	4:50
Runde	2.00	9:49	4:54	47	1:52	302	3:52	4.00	20:41	5:10	42	5:06	261	8:42
Runde	2.00	10:02	5:00	52	1:55	315	4:07	6.00	30:43	5:07	107	7:01	245	12:49
Runde	2.00	10:13	5:06	63	2:09	333	4:18	8.00	40:56	5:06	107	9:10	240	17:07
Leichtathletikhalle	2.00	10:16	5:08	72	2:21	368	4:26	10.00	51:12	5:07	63	11:31	343	21:33