



40. Erfurter Silvesterlauf

Erfurt / 31.12.2013

Detailed evaluation

Bust, Maximilian

Club: 1. Karateverein Erfurt e.V.

Number: 502

Course: 4.00 km

Wertungslauf um den Pokal der Sparkasse Mittelhüringen

Category:

männliche Jugend U16 (14-15 Jahre)

Total time: 18:00

Speed: 13.33 km/h

Running performance: 4:30 min/km

Rank in course/Total: 104 (of 477)

Rank in course/Men: 89 (of 315)

Best time in course: 12:17

Rank in category: 11(of 18)

Best time in the category: 13:58

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|-------------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Runde | 2.00 | 8:35 | 4:17 | 10 | 1:48 | 74 | 2:35 | 2.00 | 8:35 | 4:17 | 9 | 0:14 | 49 | 2:35 |
| Leichtathletikhäl | 2.00 | 9:25 | 4:42 | 11 | 2:27 | 107 | 3:11 | 4.00 | 18:00 | 4:30 | 11 | 4:02 | 89 | 5:43 |