



40. Erfurter Silvesterlauf

Erfurt / 31.12.2013

Detailed evaluation

Schröter, Christian

Club: SV Glück auf Sondershausen

Number: 585

Course: 4.00 km

Wertungslauf um den Pokal der Sparkasse Mittelhüringen

Category:

Männer (20-29 Jahre)

Total time: 15:21

Speed: 15.64 km/h

Running performance: 3:50 min/km

Rank in course/Total: 32 (of 477)

Rank in course/Men: 29 (of 315)

Best time in course: 12:17

Rank in category: 7 (of 28)

Best time in the category: 12:20

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Runde	2.00	7:43	3:51	7	1:37	32	1:43	2.00	7:43	3:51	18		27	1:43
Leichtathletikhäl	2.00	7:38	3:49	6	1:24	24	1:24	4.00	15:21	3:50	7	3:01	29	3:04