



40. Erfurter Silvesterlauf

Erfurt / 31.12.2013

Detailed evaluation

Hermann, Max

Club: 1. FC Magdeburg

Number: 527

Course: 4.00 km

Wertungslauf um den Pokal der Sparkasse Mitternellingen

Category:

männliche Jugend U18 (16-17 Jahre)

Total time: 15:40

Speed: 15.32 km/h

Running performance: 3:55 min/km

Rank in course/Total: 38 (of 477)

Rank in course/Men: 34 (of 315)

Best time in course: 12:17

Rank in category: 8(of 17)

Best time in the category: 12:20

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Runde	2.00	7:53	3:56	8	1:47	36	1:53	2.00	7:53	3:56	9	0:33	107	1:53
Leichtathletikhalle	2.00	7:47	3:53	8	1:33	30	1:33	4.00	15:40	3:54	8	3:20	34	3:23