



40. Erfurter Silvesterlauf

Erfurt / 31.12.2013

Detailed evaluation

Reuter, Moritz

Club: SV Empor

Number: 233

Course: 4.00 km

Wertungslauf um den Pokal der Sparkasse Mittelhüringen

Category:

männliche Jugend U14 (12-13 Jahre)

Total time: 19:24

Speed: 12.37 km/h

Running performance: 4:51 min/km

Rank in course/Total: 147 (of 477)

Rank in course/Men: 119 (of 315)

Best time in course: 12:17

Rank in category: 29(of 67)

Best time in the category: 14:54

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	2.00	9:34	4:46	29	2:28	116	3:34	2.00	9:34	4:46	61		126	3:34
Leichtathletikhäl	2.00	9:50	4:55	30	2:26	134	3:36	4.00	19:24	4:50	29	4:30	119	7:07