



40. Erfurter Silvesterlauf

Erfurt / 31.12.2013

Detailed evaluation

Hausner, Andreas

Club: Erfurt
Number: 266

Course: 4.00 km

Wertungslauf um den Pokal der Sparkasse Mittelhungen
Mittelhungen

Category:

Senioren M50 (50-59 Jahre)

Total time: 23:10

Speed: 10.36 km/h

Running performance: 5:47 min/km

Rank in course/Total: 342 (of 477)

Rank in course/Men: 252 (of 315)

Best time in course: 12:17

Rank in category: 28(of 35)

Best time in the category: 15:11

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	2.00	12:09	6:04	30	5:52	261	6:09	2.00	12:09	6:04	34	1:26	146	6:09
Leichtathletikhah	2.00	11:01	5:30	24	3:19	224	4:47	4.00	23:10	5:47	28	7:59	252	10:53