



40. Erfurter Silvesterlauf

Erfurt / 31.12.2013

Detailed evaluation

Walleit, Andreas

Club: LG Bad F./Göllingen

Number: 112

Course: 4.00 km

Wertungslauf um den Pokal der Sparkasse Mittelhüringen

Category:

Senioren M40 (40-49 Jahre)

Total time: 20:51

Speed: 11.51 km/h

Running performance: 5:13 min/km

Rank in course/Total: 200 (of 477)

Rank in course/Men: 160 (of 315)

Best time in course: 12:17

Rank in category: 27(of 67)

Best time in the category: 13:52

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	2.00	9:45	4:52	20	2:58	126	3:45	2.00	9:45	4:52	66		82	3:45
Leichtathletikhäl	2.00	11:06	5:32	51	4:01	231	4:52	4.00	20:51	5:12	27	6:59	160	8:34