



40. Erfurter Silvesterlauf

Erfurt / 31.12.2013

Detailed evaluation

Götz, Emma

Club: RV Elxleben

Number: 202

Course: 4.00 km

Wertungslauf um den Pokal der Sparkasse Mittelhungen

Category:

weibliche Jugend U14 (12-13 Jahre)

Total time: 21:43

Speed: 11.05 km/h

Running performance: 5:26 min/km

Rank in course/Total: 257 (of 477)

Rank in course/Women: 56 (of 162)

Best time in course: 14:18

Rank in category: 13 (of 26)

Best time in the category: 16:41

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	
Runde	2.00	10:22	5:11	11	2:11	39	3:20	2.00	10:22	5:11	18			60	3:14
Leichtathletikhalle	2.00	11:21	5:40	17	3:04	87	4:05	4.00	21:43	5:25	13	5:02		57	7:25