



40. Erfurter Silvesterlauf

Erfurt / 31.12.2013

Detailed evaluation

Meier, Alina

Club: Kiliansroda

Number: 600

Course: 4.00 km

Wertungslauf um den Pokal der Sparkasse Mittelfüringen

Category:

weibliche Jugend U14 (12-13 Jahre)

Total time: 20:28

Speed: 11.73 km/h

Running performance: 5:07 min/km

Rank in course/Total: 181 (of 477)

Rank in course/Women: 34 (of 162)

Best time in course: 14:18

Rank in category: 10(of 26)

Best time in the category: 16:41

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Runde	2.00	9:26	4:43	10	1:15	26	2:24	2.00	9:26	4:43	17		61	2:18
Leichtathletikhalle	2.00	11:02	5:30	15	2:45	72	3:46	4.00	20:28	5:06	10	3:47	35	6:10