



40. Erfurter Silvesterlauf

Erfurt / 31.12.2013

Detailed evaluation

Machleidt, Emily

Club: EC Ilmenau Kickelhahn Rangers

Number: 100

Course: 4.00 km

Wertungslauf um den Pokal der Sparkasse Mittelhungen

Category:

weibliche Jugend U14 (12-13 Jahre)

Total time: 22:12

Speed: 10.81 km/h

Running performance: 5:33 min/km

Rank in course/Total: 281 (of 477)

Rank in course/Women: 64 (of 162)

Best time in course: 14:18

Rank in category: 15 (of 26)

Best time in the category: 16:41

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	
Runde	2.00	11:39	5:49	16	3:28	85	4:37	2.00	11:39	5:49	16			63	4:31
Leichtathletikhalle	2.00	10:33	5:16	11	2:16	48	3:17	4.00	22:12	5:32	15	5:31		65	7:54