



40. Erfurter Silvesterlauf

Erfurt / 31.12.2013

Detailed evaluation

Kühn, Nathalie

Club: TSSC Erfurt

Number: 188

Course: 4.00 km

Wertungslauf um den Pokal der Sparkasse Mittelfüringen

Category:

weibliche Jugend U18 (16-17 Jahre)

Total time: 20:54

Speed: 11.48 km/h

Running performance: 5:13 min/km

Rank in course/Total: 203 (of 477)

Rank in course/Women: 41 (of 162)

Best time in course: 14:18

Rank in category: 4 (of 10)

Best time in the category: 15:17

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Runde	2.00	10:35	5:17	4	3:14	44	3:33	2.00	10:35	5:17	5	1:32	65	3:27
Leichtathletikhalle	2.00	10:19	5:09	5	2:23	44	3:03	4.00	20:54	5:13	4	5:37	42	6:36