



# 40. Erfurter Silvesterlauf

Erfurt / 31.12.2013

## Detailed evaluation

**Schmidt, Harald**

Club: TV Friesen Telgte

Number: 53

Course: 4.00 km

Wertungslauf um den Pokal der Sparkasse Mitterhungen

Category:

Senioren M50 (50-59 Jahre)

Total time: 23:54

Speed: 10.04 km/h

Running performance: 5:59 min/km

Rank in course/Total: 371 (of 477)

Rank in course/Men: 267 (of 315)

Best time in course: 12:17

Rank in category: 30(of 35)

Best time in the category: 15:11

### Intermediate times

### Stage score

### Total ranking

| Control           | Split<br>km | Split<br>Time | Split<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Stage score |               | Total ranking |               |                 |             |                |            |               |
|-------------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
|                   |             |               |                 |             |                | Pos<br>Men  | Behind<br>Men | Total<br>km   | Total<br>Time | Total<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Men | Behind<br>Men |
| Runde             | 2.00        | 12:20         | 6:10            | 32          | 6:03           | 275         | 6:20          | 2.00          | 12:20         | 6:10            | 2           | 1:37           | 179        | 6:20          |
| Leichtathletikhah | 2.00        | 11:34         | 5:46            | 30          | 3:52           | 256         | 5:20          | 4.00          | 23:54         | 5:58            | 30          | 8:43           | 267        | 11:37         |