



40. Erfurter Silvesterlauf

Erfurt / 31.12.2013

Detailed evaluation

Schirmer, Patrick

Club: Erfurt

Number: 28

Course: 4.00 km

Wertungslauf um den Pokal der Sparkasse Mittelhungenlocher

Category:

Männer (20-29 Jahre)

Total time: 26:30

Speed: 9.06 km/h

Running performance: 6:37 min/km

Rank in course/Total: 444 (of 477)

Rank in course/Men: 306 (of 315)

Best time in course: 12:17

Rank in category: 27(of 28)

Best time in the category: 12:20

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	2.00	12:42	6:20	27	6:36	293	6:42	2.00	12:42	6:20	6	1:50	189	6:42
Leichtathletikhalle	2.00	13:48	6:54	27	7:34	308	7:34	4.00	26:30	6:37	27	14:10	306	14:13