



40. Erfurter Silvesterlauf

Erfurt / 31.12.2013

Detailed evaluation

Schönthal, Max

Club: SV Borntal

Number: 267

Course: 4.00 km

Wertungslauf um den Pokal der Sparkasse Mitternellingen

Category:

männliche Jugend U14 (12-13 Jahre)

Total time: 25:31

Speed: 9.41 km/h

Running performance: 6:23 min/km

Rank in course/Total: 422 (of 477)

Rank in course/Men: 294 (of 315)

Best time in course: 12:17

Rank in category: 61 (of 67)

Best time in the category: 14:54

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Runde	2.00	12:42	6:20	62	5:36	293	6:42	2.00	12:42	6:20	13	1:04	189	6:42
Leichtathletikhalle	2.00	12:49	6:24	62	5:25	295	6:35	4.00	25:31	6:22	61	10:37	294	13:14