



# 40. Erfurter Silvesterlauf

Erfurt / 31.12.2013

## Detailed evaluation

**Paasch, Felix**

Club: Erfurt  
Number: 348

Course: 4.00 km

Wertungslauf um den Pokal der Sparkasse Mittelfranken

Category:  
Männer (20-29 Jahre)

Total time: 22:31

Speed: 10.66 km/h  
Running performance: 5:38 min/km

Rank in course/Total: 302 (of 477)

Rank in course/Men: 229 (of 315)

Best time in course: 12:17

Rank in category: 23 (of 28)

Best time in the category: 12:20

## Intermediate times

## Stage score

## Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Runde	2.00	12:29	6:14	26	6:23	282	6:29	2.00	12:29	6:14	12	1:37	197	6:29
Leichtathletikhalle	2.00	10:02	5:00	15	3:48	145	3:48	4.00	22:31	5:37	23	10:11	229	10:14