



40. Erfurter Silvesterlauf

Erfurt / 31.12.2013

Detailed evaluation

Gärtner, Bernhard

Club: Spielvereinigung Klettbach

Number: 63

Course: 4.00 km

Wertungslauf um den Pokal der Sparkasse Mittelhungenlocher

Category:

Senioren M50 (50-59 Jahre)

Total time: 24:17

Speed: 9.88 km/h

Running performance: 6:04 min/km

Rank in course/Total: 391 (of 477)

Rank in course/Men: 279 (of 315)

Best time in course: 12:17

Rank in category: 32(of 35)

Best time in the category: 15:11

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Runde	2.00	12:06	6:02	29	5:49	258	6:06	2.00	12:06	6:02	3	1:23	191	6:06
Leichtathletikhalle	2.00	12:11	6:05	33	4:29	279	5:57	4.00	24:17	6:04	32	9:06	279	12:00