



40. Erfurter Silvesterlauf

Erfurt / 31.12.2013

Detailed evaluation

Rebenschütz, Erik

Club: Erfurt

Number: 46

Course: 4.00 km

Wertungslauf um den Pokal der Sparkasse Mittelhungenlocher

Category:

männliche Jugend U14 (12-13 Jahre)

Total time: 25:50

Speed: 9.29 km/h

Running performance: 6:28 min/km

Rank in course/Total: 433 (of 477)

Rank in course/Men: 301 (of 315)

Best time in course: 12:17

Rank in category: 66(of 67)

Best time in the category: 14:54

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	2.00	12:50	6:25	64	5:44	298	6:50	2.00	12:50	6:25	11	1:12	199	6:50
Leichtathletikhalle	2.00	13:00	6:30	64	5:36	300	6:46	4.00	25:50	6:27	66	10:56	301	13:33