



40. Erfurter Silvesterlauf

Erfurt / 31.12.2013

Detailed evaluation

Arelin, Fabian

Club: Leipzig

Number: 564

Course: 4.00 km

Wertungslauf um den Pokal der Sparkasse Mittelhüringen

Category:

männliche Jugend U14 (12-13 Jahre)

Total time: 24:32

Speed: 9.78 km/h

Running performance: 6:08 min/km

Rank in course/Total: 395 (of 477)

Rank in course/Men: 283 (of 315)

Best time in course: 12:17

Rank in category: 58(of 67)

Best time in the category: 14:54

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total		Total		Total ranking	
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Runde	2.00	12:18	6:09	58	5:12	273	6:18	2.00	12:18	6:09	7	0:40	202	6:18	
Leichtathletikhalle	2.00	12:14	6:06	55	4:50	280	6:00	4.00	24:32	6:08	58	9:38	283	12:15	