



40. Erfurter Silvesterlauf

Erfurt / 31.12.2013

Detailed evaluation

Feustel, Kristin

Club: SKD Kirchberg e.V.

Number: 10

Course: 4.00 km

Wertungslauf um den Pokal der Sparkasse Mittelhungen

Category:

weibliche Jugend U18 (16-17 Jahre)

Total time: 24:33

Speed: 9.78 km/h

Running performance: 6:08 min/km

Rank in course/Total: 397 (of 477)

Rank in course/Women: 113 (of 162)

Best time in course: 14:18

Rank in category: 8(of 10)

Best time in the category: 15:17

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Runde	2.00	12:06	6:02	7	4:45	103	5:04	2.00	12:06	6:02	7	3:03	66	4:58
Leichtathletikhalle	2.00	12:27	6:13	8	4:31	120	5:11	4.00	24:33	6:08	8	9:16	114	10:15