



40. Erfurter Silvesterlauf

Erfurt / 31.12.2013

Detailed evaluation

Merschel, Gunter

Club: KSV Ohrdruf

Number: 11

Course: 4.00 km

Wertungslauf um den Pokal der Sparkasse Mitterhungen

Category:

Senioren M50 (50-59 Jahre)

Total time: 22:15

Speed: 10.79 km/h

Running performance: 5:34 min/km

Rank in course/Total: 287 (of 477)

Rank in course/Men: 221 (of 315)

Best time in course: 12:17

Rank in category: 25(of 35)

Best time in the category: 15:11

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	2.00	10:55	5:27	23	4:38	195	4:55	2.00	10:55	5:27	6	0:12	117	4:55
Leichtathletikhäl	2.00	11:20	5:40	27	3:38	243	5:06	4.00	22:15	5:33	25	7:04	221	9:58