



# 40. Erfurter Silvesterlauf

Erfurt / 31.12.2013

## Detailed evaluation

**Mörstedt, Dennis**

Club: LSV Neunheiligen

Number: 525

Course: 4.00 km

Wertungslauf um den Pokal der Sparkasse Mittelhüringen

Category:

männliche Jugend U14 (12-13 Jahre)

Total time: 22:52

Speed: 10.50 km/h

Running performance: 5:43 min/km

Rank in course/Total: 319 (of 477)

Rank in course/Men: 240 (of 315)

Best time in course: 12:17

Rank in category: 48(of 67)

Best time in the category: 14:54

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	2.00	11:11	5:35	48	4:05	215	5:11	2.00	11:11	5:35	5		225	5:11
Leichtathletikhäl	2.00	11:41	5:50	52	4:17	261	5:27	4.00	22:52	5:43	48	7:58	240	10:35