



40. Erfurter Silvesterlauf

Erfurt / 31.12.2013

Detailed evaluation

Hiese, Felix

Club: Salza-Läufer

Number: 13

Course: 4.00 km

Wertungslauf um den Pokal der Sparkasse Mittelhungenlocher

Category:

männliche Jugend U14 (12-13 Jahre)

Total time: 24:40

Speed: 9.73 km/h

Running performance: 6:10 min/km

Rank in course/Total: 401 (of 477)

Rank in course/Men: 286 (of 315)

Best time in course: 12:17

Rank in category: 59(of 67)

Best time in the category: 14:54

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	2.00	13:13	6:36	66	6:07	305	7:13	2.00	13:13	6:36	3	1:35	218	7:13
Leichtathletikhalle	2.00	11:27	5:43	48	4:03	248	5:13	4.00	24:40	6:10	59	9:46	286	12:23