



# 40. Erfurter Silvesterlauf

Erfurt / 31.12.2013

## Detailed evaluation

**Kirschner, André**

Club: LSV 90 Bad Langensalza

Number: 534

Course: 4.00 km

Wertungslauf um den Pokal der Sparkasse Mittelhungenlocher

Category:

Senioren M30 (30-39 Jahre)

Total time: 22:33

Speed: 10.64 km/h

Running performance: 5:38 min/km

Rank in course/Total: 303 (of 477)

Rank in course/Men: 230 (of 315)

Best time in course: 12:17

Rank in category: 33 (of 54)

Best time in the category: 12:17

### Intermediate times

### Stage score

### Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Runde	2.00	11:44	5:51	36	5:44	241	5:44	2.00	11:44	5:51	12		111	5:44
Leichtathletikhalle	2.00	10:49	5:24	35	4:32	211	4:35	4.00	22:33	5:38	33	10:16	230	10:16