



40. Erfurter Silvesterlauf

Erfurt / 31.12.2013

Detailed evaluation

Greven, Janice

Club: TSSC Erfurt

Number: 359

Course: 4.00 km

Wertungslauf um den Pokal der Sparkasse Mittelfranken

Category:

weibliche Jugend U14 (12-13 Jahre)

Total time: 24:02

Speed: 9.99 km/h

Running performance: 6:01 min/km

Rank in course/Total: 381 (of 477)

Rank in course/Women: 110 (of 162)

Best time in course: 14:18

Rank in category: 20(of 26)

Best time in the category: 16:41

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Runde	2.00	12:05	6:02	19	3:54	102	5:03	2.00	12:05	6:02	12		122	4:57
Leichtathletikhalle	2.00	11:57	5:58	21	3:40	110	4:41	4.00	24:02	6:00	20	7:21	111	9:44