



# 40. Erfurter Silvesterlauf

Erfurt / 31.12.2013

## Detailed evaluation

**Hoßbach, Julian**

Club: Rittmannshausen

Number: 30

Course: 4.00 km

Wertungslauf um den Pokal der Sparkasse Mitternellingen

Category:

männliche Jugend U16 (14-15 Jahre)

Total time: 19:56

Speed: 12.04 km/h

Running performance: 4:59 min/km

Rank in course/Total: 164 (of 477)

Rank in course/Men: 132 (of 315)

Best time in course: 12:17

Rank in category: 13(of 18)

Best time in the category: 13:58

### Intermediate times

### Stage score

### Total ranking

| Control           | Split<br>km | Split<br>Time | Split<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Stage score |               | Total ranking |               |                 |             |                |            |               |
|-------------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
|                   |             |               |                 |             |                | Pos<br>Men  | Behind<br>Men | Total<br>km   | Total<br>Time | Total<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Men | Behind<br>Men |
| Runde             | 2.00        | 9:41          | 4:50            | 14          | 2:54           | 124         | 3:41          | 2.00          | 9:41          | 4:50            | 4           | 1:20           | 81         | 3:41          |
| Leichtathletikhah | 2.00        | 10:15         | 5:07            | 15          | 3:17           | 163         | 4:01          | 4.00          | 19:56         | 4:59            | 13          | 5:58           | 132        | 7:39          |