



40. Erfurter Silvesterlauf

Erfurt / 31.12.2013

Detailed evaluation

Schöpfer, Vera

Club: Erfurt
Number: 197

Course: 4.00 km

Wertungslauf um den Pokal der Sparkasse Mittelhungenlocher

Category:
Frauen (20-29 Jahre)

Total time: 27:12

Speed: 8.82 km/h
Running performance: 6:48 min/km

Rank in course/Total: 449 (of 477)
Rank in course/Women: 143 (of 162)
Best time in course: 14:18

Rank in category: 29(of 31)
Best time in the category: 14:18

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Stage score | | | | Total ranking | | | | | | |
|---------------------|-------------|---------------|-----------------|-------------|----------------|--------------|-----------------|---------------|---------------|-----------------|-------------|----------------|--------------|-----------------|
| | | | | Pos Cat. | Behind Cat. | Pos Women | Behind Women | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women |
| Runde | 2.00 | 12:28 | 6:14 | 23 | 5:26 | 119 | 5:26 | 2.00 | 12:28 | 6:14 | 8 | 0:02 | 124 | 5:20 |
| Leichtathletikhalle | 2.00 | 14:44 | 7:21 | 30 | 7:28 | 153 | 7:28 | 4.00 | 27:12 | 6:47 | 29 | 12:54 | 144 | 12:54 |