



40. Erfurter Silvesterlauf

Erfurt / 31.12.2013

Detailed evaluation

Schöpfer, Vera

Club: Erfurt
Number: 197

Course: 4.00 km

Wertungslauf um den Pokal der Sparkasse Mittelfüringen

Category:
Frauen (20-29 Jahre)

Total time: 27:12

Speed: 8.82 km/h
Running performance: 6:48 min/km

Rank in course/Total: 449 (of 477)

Rank in course/Women: 143 (of 162)

Best time in course: 14:18

Rank in category: 29(of 31)

Best time in the category: 14:18

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total		Total		Total		Pos Cat.	Behind Cat.	Pos Women	Behind Women	
								km	Time	min/km	Pos	Behind	Pos					Behind
Runde	2.00	12:28	6:14	23	5:26	119	5:26	2.00	12:28	6:14	8	0:02	124	5:20				
Leichtathletikhah	2.00	14:44	7:21	30	7:28	153	7:28	4.00	27:12	6:47	29	12:54	144	12:54				