



40. Erfurter Silvesterlauf

Erfurt / 31.12.2013

Detailed evaluation

Meier, Julius

Club: Erfurt
Number: 111

Course: 4.00 km

Wertungslauf um den Pokal der Sparkasse Mitternellingen

Category:
männliche Jugend U14 (12-13 Jahre)

Total time: 19:28

Speed: 12.33 km/h
Running performance: 4:52 min/km

Rank in course/Total: 150 (of 477)

Rank in course/Men: 121 (of 315)

Best time in course: 12:17

Rank in category: 31(of 67)

Best time in the category: 14:54

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	2.00	9:32	4:46	25	2:26	112	3:32	2.00	9:32	4:46	28		79	3:32
Leichtathletikhäl	2.00	9:56	4:58	33	2:32	141	3:42	4.00	19:28	4:51	31	4:34	121	7:11